

## Introduction

*This bibliography lists some 270 works which should prove useful to anyone studying the history of food. It is not exhaustive (and particularly not for items published before 1914), but it is hoped that no major works have been omitted. Neither is it a guide to the quality or merit of the works listed: the major books in the field, by authors like Braudel, Hémardinquer, Drummond and Wilbraham, Oddy and Miller, or Stouff, are listed alongside many less weighty, and occasionally nugatory, books. This is necessarily so, since comparatively few works of scholarly excellence have been written on the history of food. The researcher is obliged to extract bits and pieces here and there from secondary sources whose overall merit may be slight. And that is one good reason for the appearance of this bibliography.*

*Only secondary sources, books and articles, are included. The historian of food will always have to move beyond these and to use many and varied primary sources: for the food of the rich, court records, parliamentary records, manorial records (especially stewards' notebooks), archives of university 'commons', livery company and other guild records (which preserve many menus), personal records and diaries of the aristocracy and gentry, recipe-books, chronicles, iconography, books of etiquette and so on; for the food of the poor, travel books, poorhouse records, dietary tracts, proverbs, prison records and literary sources. Such primary materials provide a vast and fascinating quarrying-ground for the patient researcher, but are far too diverse to be covered in one bibliography or source-book.*

*I have sought to list books and articles which give information about the history of food - not the politics of food supply, nor the anthropological study of food habits, nor again food as a transport problem. If this article has been excluded:*

*G. Channon: "The Aberdeenshire beef trade with London: a study in steamship and railway competition, 1850-69." Transport History 2 (1969), pp. 1-24.*

*- whereas this earlier article is included:*

*G. E. Fussell & C. Goodman: "Eighteenth century traffic in milk products." Economic History 3 (1934-37), pp. 380-387.*

*- this reflects my personal judgment on the content (not the quality) of the articles and their relevance to the subject, "the history of food".*

*It is hoped that this bibliography will provide a useful aid to the study of a formerly neglected subject-area which has recently been receiving more and more attention.*